

Motor Matters!

Evidence-based Interventions for Children and Youth on the Autism Spectrum, with Karen Tartick, PT

March 5, 2024, 8:30 am – 3:45 pm Eastern Time

Online via Zoom

Full Price \$239 Early Bird \$219 Early Bird Group \$199
Early bird savings end February 14, 2025

Elevate your therapy practice!

Autism is a whole-body condition! While sensory challenges have long been recognized, current research sheds light to the presence and impact of fine and gross motor difficulties in autistic children and youth. OT and PT practitioners can make a difference! In this interactive



course, you will learn the brain, movement, and motor learning differences in autistic individuals. Karen will walk you through conducting assessments the right way to yield the child's motor challenges. You will learn to provide evidence-informed interventions to promote motivation, motor skills & participation. Case studies of children (from those requiring minimal, to those requiring substantial support) will highlight the application of these concepts. Finally, you will hear the dual perspective of a therapist and parent as it relates to experience with motor skills acquisition, inclusion, and participation, as well as the selection of goals and intervention strategies. As a parent of an autistic son, Karen is acutely aware of the challenges families face in dealing with chronic stress, and how collaboration with medical and educational teams can be very rewarding, though, at times, frustrating.

Leave the course with multiple tools and strategies to use the very next day.

Registration

For more info and registration

[Click here!](#)

Or contact Carlo at

carlo@applyebp.com

646-269-9039

Audience: OTs, OTAs, PTs, PTAs & Educators

Educational Level: Intermediate

Learning Objectives

At the completion of this course, attendees will be able to:

1. Identify motor deficits common in children on the autism spectrum
2. Determine the use of visual supports when assessing motor skills of children on the autism spectrum
3. Select 3 evidence-based interventions from current research on children on the autism spectrum
4. Determine elements of a motor program that addresses meaningful occupation for a case study of a child that includes 3 evidence-based interventions

Your Mentor:

Karen Tartick, PT has been practicing for over 30 years in a variety of settings, including outpatient, early intervention, acute care, NICU, & schools. She currently practices as a physical therapy consultant for autistic adults. Karen served as a member of the Autism subcommittee of the APTA School-based Special Interest Group & co-authored the Autism Spectrum Guide for parents on Move Forward PT. She is an APTA Advanced Clinical Instructor & an adjunct faculty member at UNC, Chapel Hill. As a mother of an autistic adult, she provides a unique perspective into meaningful services for autistic children and youth.

Disclosures: Karen receives speaking fees from Apply EBP, LLC. She has no relevant nonfinancial relationships to disclose.

Agenda

The times below are **Eastern Time**. Note that you may be in a different time zone.

8:30 am ASD & Motor Skills (lecture)

- Autism Spectrum Disorder (ASD)
- Brain and Motor Characteristics
- Role of OT & PT on Motor Skills

9:30 am Assessing Motor Needs (lecture)

- Assessment Tools for ASD
- Assessment Guidelines & Strategies

10:30 am Break

10:45 am Application (activity)

- Conducting an assessment

11:30 am EBPs for Motor Skills (lecture, activity)

- Visual Supports and Video Modeling
- Peer-based Instruction & Intervention

11:45 pm Lunch (on your own)

12:30 pm EBPs, continued (lecture)

- Play Skills
- Exercise and Sensory Processing
- Naturalistic Intervention
- Teaching Motor Skills
- Motivation

2:00 pm Application of EBPs (activity)

2:15 pm Break

2:30 pm Family Perspectives (lecture)

2:45 pm Case Study (activity & discussions)

- Karen's Clinical Reasoning Cheat Sheet
- Assessment and Intervention Planning

3:45 pm Adjourn

*Registrants will also have 60-day access to watch a 0.5-Hr Bonus Webinar on Sensory Processing and Motor Skills

Cancellation policy: Registrants may cancel up to 14 days prior to the course for a refund minus a \$75 administration fee. No refunds after this date. Substitution allowed with an email notification to applyebp@gmail.com.* Apply EBP reserves the right to cancel courses up to 14 days prior to the course date due to insufficient registration with a full refund to registrants. Please do not arrange non-refundable travel arrangements until 13 days prior to the course, as Apply EBP is not responsible for such expenses.

*Note that there are no cancellations once you have accessed the included bonus webinar. If you accessed the bonus webinar, but are unable to attend the live course, you will have the option of attending the on-demand version of the course or attend a future live in-person Motor Matters course!

Accommodation: Email or call 2 weeks prior to the course with requests for accommodations.

CEUs

6 hours of continuing education training are awarded to learners who complete this course.

For OTs and OTAs

- Apply EBP, LLC is an approved provider of CEUs by AOTA. Attendees will receive 0.6 AOTA CEUs.



For PTs and PTAs

- Apply EBP, LLC is an approved provider of CEUs for PTs and PTAs in IL, NM, NY, OK and TX (APS #: 2703055TX)
- This course is approved in AR, CA, MD (#2022-80 thru 2/17/2026), NJ (#2201-62 thru 1/31/26), and OH (OPTA#24S1277 thru 4/18/25).
- These PT state boards accept approval by other state boards and associations: AK, AZ, DE, FL, HI, IN, KS, KY, MA, MI, MT, NC, ND, OR, PA, RI, SD, TN, UT, VT, VA, WI, WY and DC.
- These states do not require pre-approval of courses or have no CE requirements for PTs and PTAs: AL, CO, CT, GA, IA, ME, MO, NE, NH and WA.

If you would like to obtain CEUs for another state, please email carlo@applyebp.com.

This course is brought to you in partnership with **Columbus Public Schools**.