

# Positioning Strategies to Promote Participation and Prevent Asymmetry

Adaptive Seating, Standing, and Lying for Children with Complex Disabilities

with Pamela Cummings, M.Ed., PT

February 27, 2025, 8:30 am–3:30 pm Eastern Time

Live Online via Zoom

Full \$239 Early Bird \$219 Early Bird Group \$199

Early bird savings end February 7, 2025

Elevate your therapy practice!

Do you work with children with complex disabilities with persistent postural asymmetries that impact their school function? Are you wondering what you are overlooking in your assessment and interventions?

In this enlightening seminar, Pam will demonstrate the transformative power on posture and function within the school, home, and community settings of applying the 5 Steps of the 24-hour Postural Care (24PC) pathway: *Identify, Measure, Select, Implement, and Monitor*.



You will learn tools to *Identify* children who are at risk for postural asymmetry and to *Measure* such postural asymmetry

and its impact on function. You'll explore a spectrum of tools from the quick and straightforward, like the Lifebox and Activity Routine Analysis, to more comprehensive evaluations, such as the Scale for the Assessment of Teachers' Impressions of Routines and Engagement (SATIRE), the School Function Assessment (SFA), and a wheelchair seating assessment. Moreover, you will delve into how nighttime posture can persist throughout the day, and negatively influence function. Pam will then share valuable strategies to *Select* seating, standing, and lying equipment and accessories to ensure sustained postural support. Finally, learn how to seamlessly *Implement* such equipment in daily routines, and effectively *Monitor* progress. Throughout the seminar, there will be ample opportunities for the application of the 5 Steps on your real-life client, followed by engaging Q&A sessions.

Leave this course equipped with actionable strategies, valuable resources, and a systematic approach to enhancing posture and function.

**Audience:** OTs, OTAs, PTs, PTAs, & Educators

**Educational Level:** Intermediate

### Learning Objectives

At the completion of the course, the learner is expected to:

1. Determine 3 ways the 24-Hour Postural Care Pathway can support posture and participation in school, at home, and in the community
2. Identify 3 assessment tools for measuring needs and monitoring outcomes of postural care supports
3. Analyze the findings of an Activity Routines Analysis to understand their impact on the posture and function of a child with complex disabilities
4. Apply 3 considerations for selecting adaptive seating, standing, and/or lying equipment to match the functional needs of a child with complex disabilities
5. Select 3 strategies for the implementation of adaptive equipment to support the daily routines of a child with complex disabilities

### Your Mentor:

**Pamela Cummings, M.Ed., PT** has over 30 years of experience in various areas of pediatric settings: school, home, perinatal care, NICU, PICU, inpatient, and clinic. She is the Director and PT Consultant for the I-Team Early Intervention Project and the 24-Hour Postural Care Project at the Center on Disability and Community Inclusion at the University of Vermont.

Disclosures: Pam receives speaking fees from Apply EBP. She has no relevant nonfinancial relationships to disclose.

### Registration

For more info and registration

[Click here!](#)

Or contact Carlo at [carlo@applyebp.com](mailto:carlo@applyebp.com)

646-269-9039

## Agenda

The times below are in the **Eastern Time Zone**. Note that you may be in a different time zone.

- 8:30 am 5 Steps of the 24-Hour Postural Care Pathway (lecture)
  - Benefits and Definitions
- 8:50 am Step 1: Identify (lecture, discussion)
  - Tools and Resources
  - Case Study Application
- 9:40 am Step 2: Measure (lecture)
  - Tools for Measuring Participation
- 10:00 am Break
- 10:15 am Step 2, continued (lecture, discussion)
  - Tools for Measuring Activity and Body Function and Structures
  - Case Study Application
- 11:15 am Group Activity (case study, discussion)
  - Case Study Application of Steps 1 & 2
- 11:45 pm Lunch (on your own)
- 12:15 pm Steps 3-4: Select and Implement (lecture, discussion)
  - For Adaptive Seating and Standing
  - Group Case Study Application
- 1:35 pm Break
- 1:50 pm Steps 3-4, continued (lecture, discussion)
  - For Adaptive Lying
  - Group Case Study Application
- 2:25 pm Step 5: Monitor (lecture, discussion)
  - Tools and Strategies
- 2:45 pm Final Case Study Application (case study, discussion, Q&A)
- 3:30 pm Adjourned

Cancellation policy: Registrants may cancel up to 14 days prior to the course for a refund minus a \$75 administration fee. There is no cancellation less than 14 days prior to the course; you can find a substitute or use your registration to attend a future Apply EBP course. There is no cancellation or substitution after you have received any course material; you can use your registration to attend a future presentation of the same course. Email [applyebp@gmail.com](mailto:applyebp@gmail.com) to request to cancel. Apply EBP reserves the right to cancel a course up to 14 days prior to the course due to insufficient registration, with a full refund to registrants. Please do not arrange non-refundable travel arrangements until 13 days prior to the course, as Apply EBP is not responsible for such expenses.

Accommodation: Email or call 2 weeks prior to the course with requests for accommodation.

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## CEUs

6 hours of continuing education training are awarded to learners who complete this course

### For OTs and OTAs

- Apply EBP, LLC is an AOTA-approved provider of CEUs. You will receive 0.6 AOTA CEUs for completing this course.



### For PTs and PTAs

- Apply EBP, LLC is an approved provider of CEUs in IL, NM, NY, OK and TX (APS #: 2703055TX)
- This course is approved in CA, MD (#2024-549, thru 5/29/28), and NJ (Approval #2405-81, thru 1/31/2026).
- These PT state boards accept approval by other states boards or state associations: AK, AZ, DE, FL, HI, IN, KS, KY, MA, MI, MT, NC, ND, OR, PA, RI, SD, TN, UT, VT, VA, WI, WY and DC.
- These states do not require pre-approval of courses or have no CE requirements: AL, CO, CT, GA, IA, ME, MO, NE, NH and WA.

If you would like to obtain CEUs for another state, please email [carlo@applyebp.com](mailto:carlo@applyebp.com).

### For Educators

- Apply EBP is an approved sponsor of CTLE for educators in New York State (#23827)